



## Steps You Can Take if You Are a Victim of Sexual Harassment:

- Call your sponsor
- Tell a trusted manager or supervisor at your host employer
- Tell a friend or someone you trust
- Contact RAINN - An anti-sexual violence organization
  - [www.rainn.org](http://www.rainn.org)
  - 1-800-656-4673
- Log into Joyful Heart Foundation - Provides resources for sexual assault victims
  - <http://www.joyfulheartfoundation.org/learn/sexual-assault-and-rape/resources/hotlines-and-more-information>
- Call 911 if you feel in immediate danger

